

Alliance Zone / City	Locale	Building / (description)	Trainer Name	Title / Training
Stormwind	Old Town	Pig and Whistle Tavern	Stephen Ryback	Cooking Trainer
Elwynn Forest	Goldshire	Lion's Pride Inn	Tomas	Cook
Redridge Mountains	Lakeshire	(far northwest cottage)	Crystal Boughman	Cooking Trainer
Ironforge	the Great Forge	the Bronze Kettle	Daryl Riknussun	Cooking Trainer (starts Artisan Quest)
Dun Morogh	Kharanos	Thunderbrew Distillery	Gremlock Pilsnor	Cooking Trainer
Dun Morogh	Go'Bolar Quarry	(upper plateau)	Cook Ghilm	Cooking Trainer
Darnassus	Craftsman's Terrace	Restaurant	Alegorn	Cooking Trainer
Teldrassil	Dolanaar	(outside SW cottage)	Zarrin	Cook
Ashenvale	Silverwind Refuge	(west wing)	Shandrina	<Trade Goods> "Expert Cookbook" (Manual)
The Exodar	Seat of the Naaru	Cooking	Mumman	Cook
Azuremyst Isle	Odesyus' landing		Cookie McWeaksauce	Cooking Trainer & Supplies
Dustwallow Marsh	Theramore Isle	(the inn)	Craig Nollward	Cook
Hellfire Peninsula	Honor Hold	(the inn)	Gaston	<Chef> "Master Cookbook" (Manual)
Shadowmoon Valley	Wildhammer Stronghold		Celie Steelwing	Cook
Howling Fjord	Valgarde	(in the Inn)	Brom Brewbaster	<GM Cooking Trainer>
Borean Tundra	Valiance Keep	(east of the Keep)	Rollick MacKreel	<GM Cooking Trainer>
Dalaran	A Hero's Welcome	(in the kitchens)	Katherine Lee	<GM Cooking Trainer>

Horde Zone / City	Locale	Building	Trainer Name	Title / Training
Undercity	Trade Quarter	Cooking	Eunice Burch	Cooking Trainer
Hillsbrad Foothills	Tarren Mill	(north of derelict church)	Derak Nightfall	Cook
Orgrimmar	the Drag	Borstan's Firepit	Zamja	Cooking Trainer (starts artisan Quest)
the Barrens	Crossroads	(small outpost east of:)	Duhng	Cook
Thunder Bluff	Top Level	Aska's Kitchen	Aska Mistrunner	Cooking Trainer
Mulgore	Bloodhoof Village	(main hall)	Pyall Silentstride	Cook
Desolace	Shadowprey Village	(southeast building)	Wulan	<Cooking Supplies> "Expert Cookbook" (Manual)
Stranglethorn Vale	Grom'gol Base Camp	(northern hut)	Mudduk	Superior Cook
Silvermoon City	Bazaar/w. of Elders	Wayfarer's Rest (Inn)	Sylann	Cook
Eversong Woods	Ruins of Silvermoon	Falconwing Inn (upstairs)	Quarelestra	Cooking Trainer
Ghostlands	Tranquillien	(east of the main road)	Master Chef Mouldier	Cooking Trainer
Hellfire Peninsula	Thrallmar	(the inn)	Baxter	<Chef> "Master Cookbook" (Manual)
Howling Fjord	Vengeance Landing	(near campfire)	Thomas Kolichio	<GM Cooking Trainer>
Borean Tundra	Warsong Hold	(main floor Inn)	Orn Tenderhoof	<GM Cooking Trainer>
Dalaran	The Filthy Animal	(in the kitchens)	Awilo Lon'gomba	<GM Cooking Trainer>

Neutral Zone / City	Locale	Building	Trainer Name	Title / Training
Stranglethorn Vale	Booty Bay	the Emporium	Kelsey Yance	Cook
Tanaris	Gadgetzan	(the Inn)	Dirge Quikcleave	Artisan Quest - "Clamette Surprise"
Zangarmarsh	Cenarion Refuge	(the Inn)	Naka	<Cooking Supplier> "Master Cookbook" (Manual)
Shattrath City	Lower City	World's End Tavern	Kylene	<Barmaid> (unique - not a full trainer)
Shattrath City	Lower City	(market in southeast)	Jack Trapper	Cook

All cooking trainers offer Apprentice and Journeyman training, as well as some lower-level Recipes
 Expert training is only obtained by "using" the book, "Expert Cookbook"
 Artisan Cooking training is only available by completing the "Clamette Surprise" quest.
 Master Cooking training is only available by purchasing and "using" the Manual, "Master Cookbook"
 Recipes are sold by various vendors, including <Cook>, <Cooking Supplies>, <Trade Supplies> and <Fishing Supplies>